



## October Issue 2024

### Greetings from Our President

Fall may signal the end of the outdoor gardening season, but I promise that the club will fill in with many opportunities to expand your knowledge and try something new over the coming months. Our October meeting will share information on Woody Plants for Butterflies, so you can start your winter catalog shopping list off with what you take away. Our November program is on Putting Your Garden to Bed and will help make sure you didn't skip doing anything important. Just a reminder- try to keep as much plant material in place for our pollinator and beneficial insect friends. Leaf cover, open stems and seed heads not only give winter interest, but they provide homes for the insects we want to cultivate.

The Holiday Greens work shop will be back on Dec 9th at St Simon's. Be on the lookout for a sign up on the website soon. Spots are limited, so we will allow members a sign up period and then open up to guests afterwards. Our annual holiday party will be on Dec 16th. Again, the sign up will be coming soon so make sure you check your email from me for a reminder.

We will not be sending a newsletter in November, and instead will resume in December. We normally skip December, but there is a lot of information to share that month and for the start of 2025. I will be sending out a few reminders in November to make sure no one misses out on any club activity they are interested in.

*Beth*



### Fall/Winter Meetings

October 28

November 25

December 16 Holiday Party



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## October Program

Monday, October 28

### **Woody Plants for Butterflies** Heather Prince

Heather Prince has been a part of the green industry for more than 20 years in numerous facets from public to private. She currently balances a busy freelance horticultural writing and teaching schedule with her role as email marketing manager for The Garden of Words. She firmly believes anyone can garden and everyone will fall in love with plants given the chance.

Woody Plants for Butterflies (and Moths!)

Did you know an oak tree is the larval host for more than 500 species of butterflies and moths? Discover the many trees, shrubs, and vines that are home to a wide array of Lepidoptera. We'll explore the host plants and life cycles of common favorites and rare beauties in this information-packed session.



## About Our Monthly Meetings

Our monthly general meetings are held on the fourth Monday of each month, September through May.

During the summer, June and July Meetings are held in Members' Gardens.

### Meeting Agenda

6:30-7 PM Social time

7-7:30 PM Business meeting

7:30 PM Speaker program begins

### Meeting Location

Our meetings are held at [Saint Simon's Episcopal Church](#) in their basement meeting space.

Saint Simon's is located at 717 West Kirchoff Road, Arlington Heights, IL 60005, and is right next to NW Community Hospital. There is ample parking next to the building. Enter the large west side parking lot and proceed to the west side of the building. You will see a sign, "Parish Hall," next to the stairs. Take the stairs down to the basement entrance. For those who are "stair challenged," you will enter at the parking level entrance to the right of the stairs and take an elevator down to the basement. There is a sign outside indicating the West elevator entrance. A club member will be there to assist you with the elevator. Click on [map](#) for directions.

We look forward to seeing you at our next meeting.



## October Garden Chores

Review the [list of things to do](#) in your garden this fall

# November Program

Monday, November 25

## *Putting your Garden to Bed/Composting*

**Bill Kargas**

Bill Kargas has degrees in Botany and Communications and enjoys talking about all aspects of the world of plants. He has managed garden centers for over 50 years, where he offers advice on a wide range of horticultural topics. Whether your gardening questions concern cultural requirements, insect and disease problems, fertilization practices or soil structural issues, he tries to blend traditional, reliable information with current research to help his customers improve their gardening skills. All of his presentations are informal, with many examples to illustrate the topic at hand. Audience participation, questions, and comments are always encouraged.



### Putting Your Garden To Bed

This presentation will outline how to prepare your garden for winter. With a focus on perennial gardens, you'll learn what to cut down, how and when to cut it, and how to prevent this year's problems from recurring in future years. The proper use of mulches will also be covered in detail. Our members are welcome to bring plant samples for discussion of insect, disease and/or cultural problems as time permits.

## Membership Report – October 2024

*Lew & Sheila Coffin / Membership Co-Chairs*

The club membership currently stands at 131 members. We invite all new members to become involved with a committee. We look forward to seeing you at our meetings beginning at 6:30 p.m. on the 4<sup>th</sup> Monday of each month at St. Simon's Episcopal Church basement (717 W Kirchoff Rd, Arlington Hts) to experience the club's outstanding monthly programs.



The club extends a very warm welcome to our 19 new members who joined after member registration closed in June.

Charlene Boss, Susan Latala, Sharon Dembinski, Linda Willard, Lisa Murphy,

Liz Broemmelsiek, Danielle Hiller, Joanna Cornwell, Karen Johnson, Denise Britton,

Andrew Morrison, Ana Hernandez, Amanda Moller, Eunice Jun, Anne Gorman, Lynne Gillis,

Pam McVoy, Diane Stolpa, and Joseph Chacko.

### ***Still Looking ...***

The Conservation and Artistic Committees are looking for chairs or co-chairs and the Garden Walk Committee has an opening for a co-chair. Please reach out to Beth Ligenza at [eligenz@gmail.com](mailto:eligenz@gmail.com) or Lew Coffin at [lew.coffin@gmail.com](mailto:lew.coffin@gmail.com) if you are interested in any of these positions.

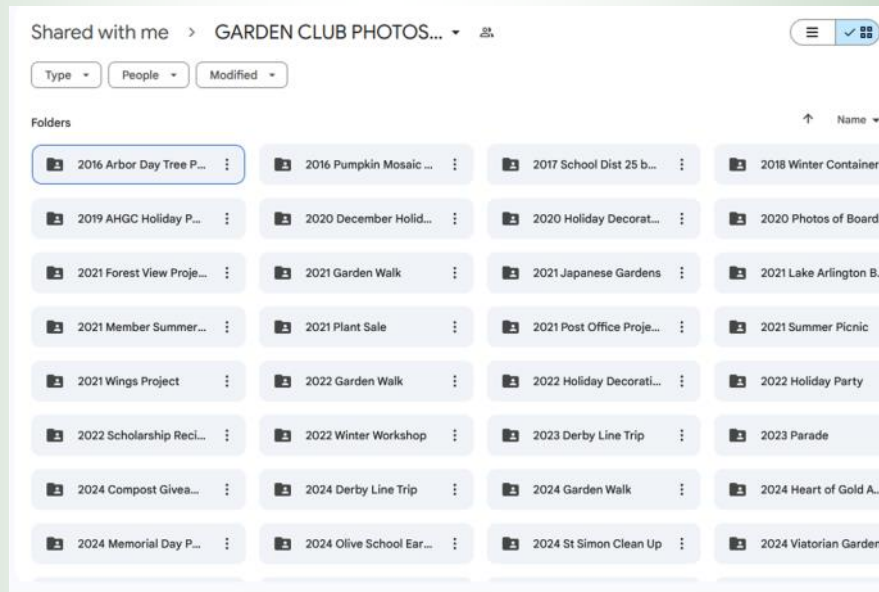


### Club photo archivist needed

Our garden club has collected many photos over the years of our projects, garden walks, plant sales and outings. They have been organized on a Google drive site by Mona Frisbie and Dale Sturm by activity. We are now looking for a club member to continue this archive of photos. The job will be

to collect and categorize the photos so it is easier to use the photos for newsletter, social media, library display case.

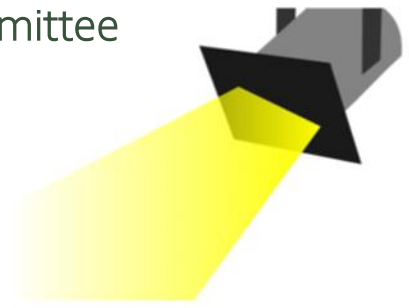
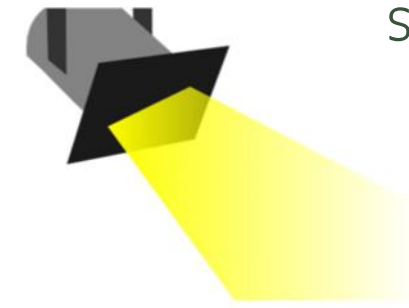
If you are interested in this archivist position please contact Connie Landwehr, publicity chairman at [connielandwehr@gmail.com](mailto:connielandwehr@gmail.com)



Recent club photo



# Spotlight on the Artistic Committee



## Artistic Committee

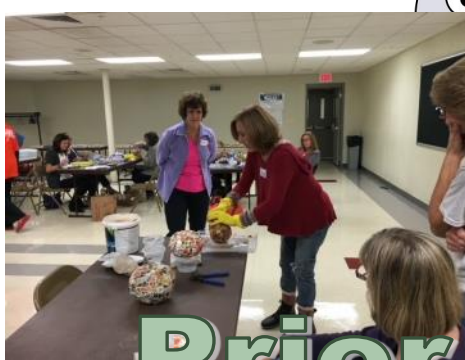
We continue our search for an Artistic Committee Chair as we spotlight the wonderful contributions of this committee! The Artistic Committee brings the artistic, creative flare, and garden-related workshop ideas to the club membership for their participation. The Chair coordinates workshops with the input and assistance of the committee members. Some examples of past workshops have included:

- Holiday Wreath Making (November)
- Winter Holiday Container (November/December)
- Mosaic Projects (spring/summer)
- Seasonal Container (spring/summer)



The committee also helps with table center pieces or decorations for the summer picnic, holiday party, and the garden walk and organizes the set up and take down of the community holiday tree decorations at the Senior Center, AH Village Hall, and the Arlington Hts Memorial Library.

This is an ideal committee for right brain thinkers who are artistic and innovative thinkers and are brimming with new ideas. This committee is ideal for left brain thinkers as well who are great organizers! A fun opportunity for any interested members and please reach out to Beth Ligenza at [eligenz@gmail.com](mailto:eligenz@gmail.com) or Lew Coffin at [ahgcmembers@gmail.com](mailto:ahgcmembers@gmail.com) if you are interested in being the committee chair or getting involved with this **committee**.



# Prior Events



# Spotlight on the Horticulture Committee

## Horticulture Committee

Julie Cicarelli — Committee Chair

The Horticulture Committee advises the club on developments in the areas of Gardening, Horticulture and Environmental Preservation. The Committee uses the group meetings, the club newsletter, and website to share and highlight these areas of interest. Through its seasonal articles provided to the newsletter, the horticulture committee informs the membership of related learning opportunities throughout the year.

If you are the type of person who loves gardening knowledge and wants to share this knowledge with others through our newsletter or formally or informally at meetings, the horticulture committee may be perfect for you.

We are welcoming any new members to our group. Contact Juli Cicarelli, Horticulture Committee Chair at [ahgchorticulture@gmail.com](mailto:ahgchorticulture@gmail.com) if you would like to join this committee.



GARDENINGKNOWLEDGE

EDUCATION

BOOK REVIEWS

## Horticulture Committee

Julie Cicarelli — Committee Chair

### Berry Heavy Gold Winterberry

By Juli Cicarell

Green turf carpets down my street,  
Oh my oh my, what are the insects to eat ?  
To find a plant that brings beauty for inside and out  
summer winter and fall  
The Berry Heavy Gold Winterberry fits it all.

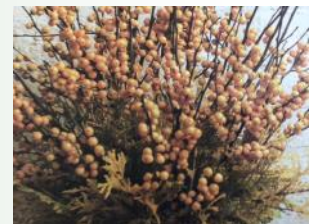
Green foliage with delicate white flowers  
Lovely green and white arrangements bring summer inside  
With these warm-weather flowers pollinators come too  
Birds , bees, and butterflies  
find they have their work to do

Fall and winter bring  
Large golden fruits that dot its branches,  
Not classic red, but gorgeous it's true  
Even its golden berries help us out  
by winter feeding our hungry bird friends

In holiday season it's beauty remains  
With cut brown and gold branches  
Make arrangements or wreaths  
Give some to friends,  
some beauty to share

Information below from Birds and Blooms Magazine

December/January 2023



Berry Heavy Gold Winterberry  
*Ilex verticillata* 'Robert's Case'  
Zones 3 to 9  
Attracts birds, bees and butterflies.  
Sun to part sun  
6' to 8' tall and wide  
Happy females need a male Mr. Poppins winterberry  
in order to pollinate Berry Heavy Gold.  
Grow at least one male plant for every five females.  
Busy Mr. Poppins



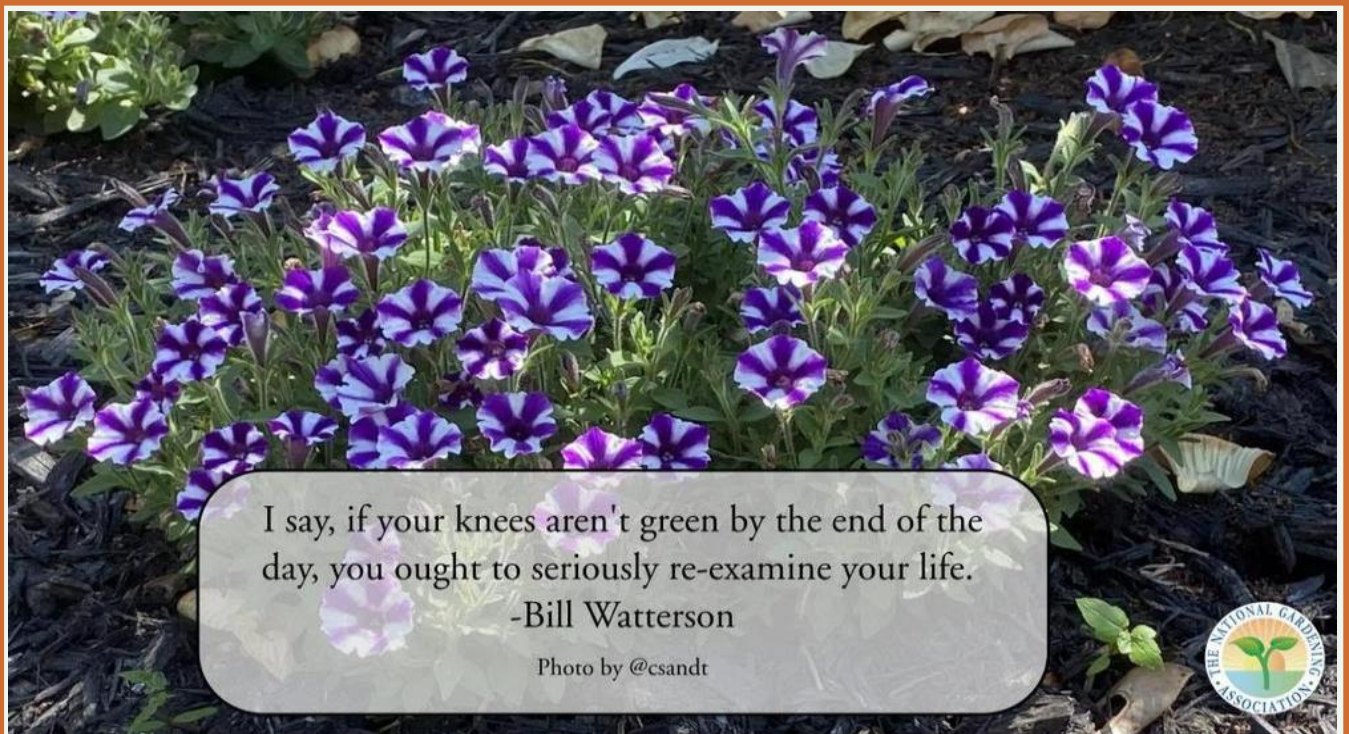
The Conservation@Home program recognizes and certifies residential properties that demonstrate environmentally sound landscape practices and offers resources and further education to help homeowners and community members implement these practices. [Learn more about the program here.](#)

Beth Ligenza, our club President, just had her yard certified for practicing CONSERVATION@HOME. If you are interested in helping protect water, air, and wildlife and would like more information to certify YOUR yard, CONTACT:

Aileen Koeppen [aileenkoeppen@gmail.com](mailto:aileenkoeppen@gmail.com)

Pete Landwehr [pct19061@gmail.com](mailto:pct19061@gmail.com)

Bev Krams [bevkrms@gmail.com](mailto:bevkrms@gmail.com)



I say, if your knees aren't green by the end of the day, you ought to seriously re-examine your life.

-Bill Watterson

Photo by @csandt





### How to Keep Squirrels out of Potted Plants: 6 Ways

By Kate Van Pelt

[Click Here](#)





## Horticulture Online Article

Deep Roots : Top 10 Reasons a Garden Isn't Better

By Scott Beuerlein January 8, 2024

[Click Here for Article](#)



## Garden Glories Fall Issue

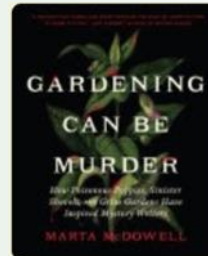
[Click for Link](#)



## Gardening Can Be Murder—Meet the Author

Hosted by Arlington Heights Memorial Library

[Details Here](#)



## Update from our Treasurer

Financially Speaking...

AHGC had another successful year financially! Please see the Treasurer's Annual Report in the Members Only section of the website. It's great to know that we were able to raise funds through our plant sale and garden walk to be able to support scholarships and so many like minded 501c3 organizations. Speaking of 501c3 organizations, the Arlington Heights Garden Club became a registered charity under IRS code section 501c3 in 2023. That means that we can accept charitable contributions from individuals and other legal entities i.e. donor advised funds, corporations etc.

If you are interested in making a donation to the garden club, please consult your tax advisor. There are many ways of doing so that can help your overall tax position. Things to consider include: donating appreciated stock to avoid capital gains, donating from an IRA to reduce required minimum distributions in the future, donating Qualified Charitable Distributions to satisfy required minimum distributions without having to pay tax on the distribution. This discussion is not a one size fits all scenario. Please discuss with your tax advisor or financial planner before making any decisions.

*Sharon*



# Spotlight on the Program Committee

## Program Committee

Ingrid Ericksen— Committee Chair



The Program Committee works with its Chair to select presentation topics and recruit presentation speakers. Based on club input regarding suggested speakers and topics, the committee members reach out to presenters and the committee formats the schedule of topics for the club meetings from September to November and from January through May.

The Committee Chair with its committee creates a program guide for each of the presentation topics including descriptions, presenter biographies, and photos. This work is completed for the entire year in advance of the September meeting. In the past the committee has partnered with the Arlington Heights Memorial Library for some joint program offerings. The committee and its chair work closely with Publicity and Website to communicate all program offerings to the club members. If you are a connector or enjoy the hunt for high quality speakers and programs, you may want to consider being part of the programs committee. Contact Ingrid Erickson, Program Committee Chair at [ahgcprograms@gmail.com](mailto:ahgcprograms@gmail.com) for more information.

### April Program

April 25th @ 7 PM at Saint Simon's Church  
Val Solaski | Programs  
Don't Trim it There! Tree and Shrub  
and Pruning  
Presented by the Davey Tree Expert



### April Program

April 24th @ 7 PM  
Totally Tomatoes!  
Presented by Nina Koziol



### March Program

March 27th @ 7 PM  
Divide and Multiply: When to Divide What (and How)  
Presented by Beth Botts, award-winning garden writer  
and author



### January Program

January 23rd @ 7 PM, Virtual Meeting  
Easiest Houseplants Ever, With Style  
Presented by Tovah Martin  
This program is in partnership with the Arlington Heights Memorial Library. This is a Virtual meeting and you must register in advance.  
In her constant, undying pursuit of all things garden-related, Tovah gets her hands dirty both outside and indoors. She is a perennial, heirloom, vegetable and cottage gardener of fanatical proportions, and is accredited with NOFA as an



### September Program

September 26th @ 7 PM, St. Simon's Church  
Post-Harvest Activities for a Productive Garden Next Year  
Presented by Mark Lyons



## Prior Year Programs





First Presbyterian Church of Arlington Heights

303 N. Dunton, Arlington Heights IL 60004

GREEN YOUR HALLOWEEN!

November 2, 2024

9 AM - 2 PM



Please remove all candles, paint and decorations from your pumpkins!

WHAT IS A PUMPKIN SMASH?

The pumpkin smash is a community effort to keep pumpkins out of our landfills. With our help, the pumpkins will be composted! Save your pumpkins and join us.

Don't trash it; smash it! #PumpkinSmash



Illinois Extension



University of Illinois, U.S. Department of Agriculture, Local Extension Councils Cooperating, College of Agricultural, Consumer and Environmental Sciences. If you need a reasonable accommodation to participate, please contact Sarah Rieko at sbratka@illinois.edu or call (217) 300-8636. Early requests are strongly encouraged to allow sufficient time to meet your needs.

The University of Illinois | U.S. Department of Agriculture | Local Extension Councils Cooperating  
University of Illinois Extension provides equal opportunities in programs and employment.



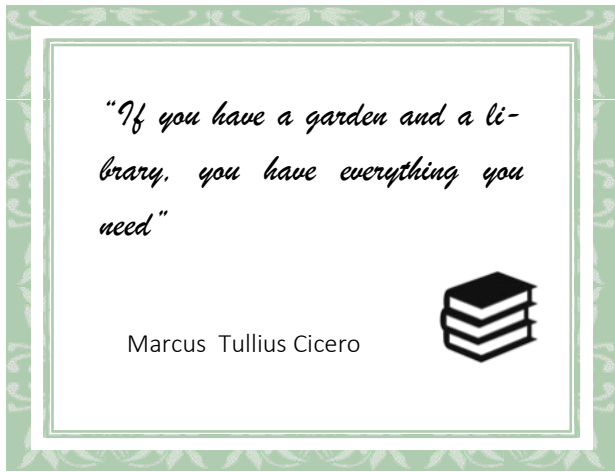
Pumpkin Smash

is baaa-aack...

Compost pumpkins instead of throwing them in the landfill

November 2nd Frontier Park [Details here](#)





**Book Review — Bev Krams**

Wow a SMART GARDEN. Doesn't everyone need one??!!

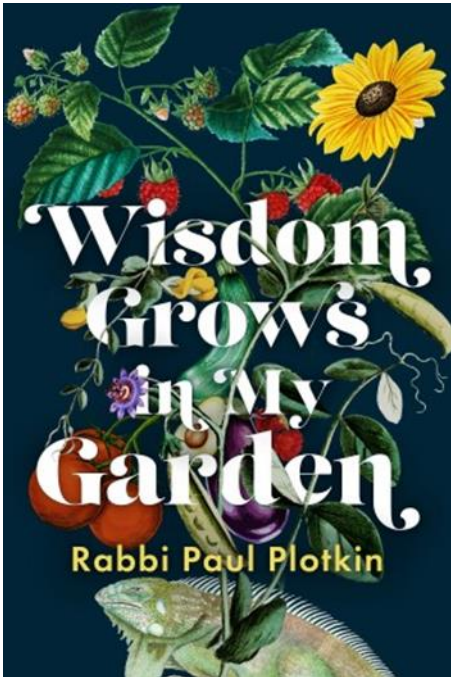
- We have all heard the terms:
- Never Put All Your Eggs in One Basket
- Your Are What You Eat
- If It Hurts, Stop Doing It
- String Beans Taught Me Not to Fear Death

Well maybe you are not familiar with the last one, but Rabbi Plotkin is going to fill you in on the wisdom of GREEN BEANS in his garden and you will love it!!

Thirty six short chapters of wisdom in his garden take you from avocado trees, to the wonder of queen bees, to those green beans.

Plotkin does not just grow vegetables, he grows his peace of mind. He says he leaves the world of plastic and enters the world of nature. He offers us many life lessons the garden has taught him about himself and the world around him.

This book is a narrative memoir that will inform you about life, amuse you, and maybe even give you the itch to grow green beans!! Check it out at our AHMLibrary.



<b>Officers</b>		
President	Beth Ligenza	
Vice President	Lew Coffin	
Secretary	Sue Streich	
Treasurer	Sharon Rudy	
<b>Committee Chairs</b>		
Artistic	<i>( open position )</i>	
Civics	Mike Relaz	
	John Baruch	
Club Awards	Kathy Hendricksen	
Conservation	<i>( open position )</i>	
Garden Walk	Jean Kengott	
	<i>( co-chair open position )</i>	
Horticulture	Juli Cicarelli	
Hospitality	Cathy Kostal	
	<i>( co-chair open position )</i>	
Membership	Sheila Coffin	
	Lew Coffin	
Newsletter	Aileen Koeppen	
Plant Sale	Pete Landwehr	
Programs	Ingrid Ericksen	
Publicity	Connie Landwehr	
Scholarship	Linda Falotico	
	Clara Gong	
Website	Rose Marie Lesniak-Mendez	
<b>Project Coordinators</b>		
Lew & Sheila Coffin	Northwest Compass Garden	
Claudette Norwell-Philipp	Student Partnership	
Brenda Catardi	Parade	
Arlington Heights Garden Club		
Website: <a href="http://ahgardenclub.com">ahgardenclub.com</a>		

# Gardening Knowledge

## EDUCATIONAL OPPORTUNITIES

### Chicago Botanic Garden

Throughout October and November classes are offered online and in person. Typically there is a fee. Topics range from great shrubs for the garden to winter containers. [Click here for website.](#)



### THE MORTON ARBORETUM

Introduction to Pruning November 14 and 23rd  
Online AND in person  
[Register Here](#)



### THE Chalet

Prepping the Garden for Winter October 26  
[Register Here](#)



### UNIVERSITY OF WISCONSIN

Throughout October and November online classes are offered  
Topics range from Confessions of a Black Thumb Garden to a Monthly Q&A called Ask the Experts

[View Calendar](#)



Take advantage of the AHG Clubs **PASS to the CBG!**

ENJOY THE GARDENS!!

The PASS will give you Free Parking,

TWO Entries to the Railroad Garden, Butterfly & Blooms, a ride on the TRAM, and a 10% discount in the cafeteria.

Email Sharon Rudy ([gardenclubsharon@gmail.com](mailto:gardenclubsharon@gmail.com)) to make arrangements to use the pass.



# Gardening Knowledge

## Places to Visit

### Cantigny

Family Night of Trick or Treating Oct. 25

[Click Here](#)



CANTIGNY

### Chicago Botanic Garden

Night of 1,000 Jack o' Lanterns Oct 23—27 [Register](#)

Garden Walks Throughout the year

[Click Here](#)



### FOREST PRESERVES OF COOK COUNTY

Enjoy some Fall Color

[River Trails Nature Center](#) | Northbrook

[Busse Woods](#) | Take a Hike in Ned Brown Preserve

[Crabtree Nature Center](#) | Barrington



# AHGC Board Meeting Notes - October 13, 2024

Sue Strich / Recording Secretary

## Arlington Heights Garden Club Board Meeting Monday, October 14, 2024

Attendees: John Baruch, Juli Cicarelli, Lew and Sheila Coffin, Ingrid Erickson, Clara Gong, Aileen Koeppen, Cathy Kostel, Connie and Pete Landwehr, Beth Ligenza, Rose Marie Lesniak-Mendez Mike Relaz, Sharon Rudy, Sue Strich

### President—Beth Ligenza

- Welcome
- New GCI Dist IX newsletter handling. All clubs will now have a recap at the District level vs each club having a call out.

### Secretary—Sue Strich

- Minutes for the month of September were approved.

### Treasurer—Sharon Rudy

- Discretionary donation determination meeting will be at Beth's house on 10/22. |
- Sharon would like each committee to submit expenses for 2025 to work on the budget.
- September treasurer's reports are approved.

### Artistic— Beth Ligenza

- The Winter Greens workshop will be at Dec 9 at St Simon's.
- We will cancel the December 9th board meeting and conduct any business via email as this was the only date that we could schedule the workshop.
- The holiday party is scheduled for December 16th. Rose Marie is going to put it on the website and it will go in the newsletter.

### Civics—Mike Relaz and John Baruch

- Wednesday this week will be the closing event for Northwest Compass.
- John will try to setup some type of a closing for the Post Office property. They want to put together a plan for next year for the property and what our focus should be.
- Beth has taken on the lead for Viator Garden this year but would like someone else to take it over and also coordinate a closing.
- Rotary Environmental Service Club is being created. They are having a meeting at Armands in downtown Arlington Heights to talk about this new club launch. They are interested in partnering with us. Beth will find out more on Wednesday 10/16 at 6 PM at Armand's and anyone else is welcome to join to find out more about it.

### Conservation—OPEN

#### Garden Walk— Jean Kengott

- Nothing to update.

#### Horticulture—Juli Cicarelli

- She is still looking for someone to partner with her or topics of interest.

#### Hospitality—Cathy Kostel

- Dates have been confirmed for St Simon. Rose Marie is going to put up a sign-up sheet on the website for the holiday party.

#### Membership—Sheila and Lew Coffin

- Membership Report: 131 members. 19 new members since June.

# AHGC Board Meeting Notes - October 13, 2024

Sue Strich | Recording Secretary

## Newsletter—Aileen Koeppen

- Aileen can't do the November newsletter since she will be on vacation so Aileen proposed we do a December newsletter instead (we don't usually do a December newsletter).
- There was concern about members knowing about the November/December events. Beth said she will send out a separate email about the container workshop, meeting, holiday party.

## Plant Sale—Pete Landwehr

- Pete gave an update and proposal regarding the plant sale. The committee will finalize the proposal and will present to the club after the first of the year.

## Programs—Ingrid Ericksen

- Programs are completed for the 2024/2025 year.
- For the January speaker at the library, we need to know if there's a limit to the number of people that can attend in person. It will be an interactive zoom meeting also.

## Publicity—Connie Landwehr

- Stock photos that are legal to share publicly are fine for the newsletter. No update to from GCI.

## Scholarship- Clara Gong and Linda Falotico.

- There are some changes that need to be made to the submission forms. Clara will try to make those on the shared google documents.
- Connie and Clara will get together and discuss publicity on what members can apply for funds to pay for classes and if there's a limit.
- Recipients of the scholarships need to be updated on the website

## Website—Rose Marie Lesniak-Mendez

- Website updates needed
  - Winter Greens Workshop
  - Hearts of Gold might need to be retitled
  - Recipients of scholarships
  - Under members only, all of the job titles have been added.
  - Next year Rose Marie is going to be working on bringing the website more up-to-date. She would like people to email her with updates.
  - The program page needs to be updated, with more information, time and place.

## New Business/Old Business/Announcements

- We got iDOT to look at the location for Blue Star and it was denied. They sent a new location that we then sent to the village and now the village has proposed another location. We need to go back to iDot with this location.

Meeting was adjourned.

Next Board Meeting November 11, 2024

Minutes submitted by Susan Strich

Happy  
Halloween

